



**MHSA Town Hall Meeting
MHSA Advisory Committee (MAC)
Wednesday, August 28, 2019
Los Osos Schoolhouse
5:00pm – 6:30pm**

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



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- **Welcome, Introductions, and Goals for meeting**
 - Frank Warren, SLOBHD
- **Greetings from District 2 Supervisor Bruce Gibson**
- **PEI Work Plan**
 - Nestor Veloz-Passalacqua, SLOBHD
 - Coastal School Presentation – Mande Culbert, SLOBHD
- **INN Work Plan Review & Updates**
- **CSS Work Plan**
 - Kristin Ventresca, SLOBHD
- **Fiscal Update**
 - Jalpa Shinglot, SLOBHD
- **Old Business: Request for New or Additional Funding**
 - Prudent Reserve Transfer
- Forensics Division Manager (PR)
- Case Manager at Bishop Street (PR)
- Crisis Stabilization Unit Expansion
- Promotores Expansion
- **New Business for 2019-20**
 - Veteran’s Outreach Expansion
 - Med Manager and Peer Mentor Expansion for Adult FSP
 - OAD FSP Psychiatry to Wilshire
- **Updates**
 - Forensic FSP
 - CHFFA Infrastructure Grant
 - No Place Like Home
 - Youth Triage
 - 40 Prado Clinician
- **Next Meetings:**
 - MAC: October 30, 2019
- **Conclusion**



1. Welcome

2. Introductions

- Please introduce yourself and whether you are a member of the MAC, County staff, or public stakeholder

3. Goals for meeting

- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We also seek new stakeholders to join the Advisory Committee!





Welcome District 2 Supervisor Bruce Gibson!



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The Mental Health Services Act in San Luis Obispo County:

- Proposition 63, passed in 2004
- Millionaire's Tax

The MHSA Provides:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



The MHSA Mission

The funding is provided to each county to “create a state-of-the-art, culturally competent system that promotes recovery/wellness for adults and older adults with severe mental illness and resiliency for children with serious emotional disorders and their families.”



The MHSA Vision

The MHSA pledges to **look beyond “business as usual” to help build a system where **access** will be easier, services are **more effective**, out-of-home and institutional care are **reduced** and **stigma** toward those with severe mental illness or serious emotional disturbance no longer exists.**

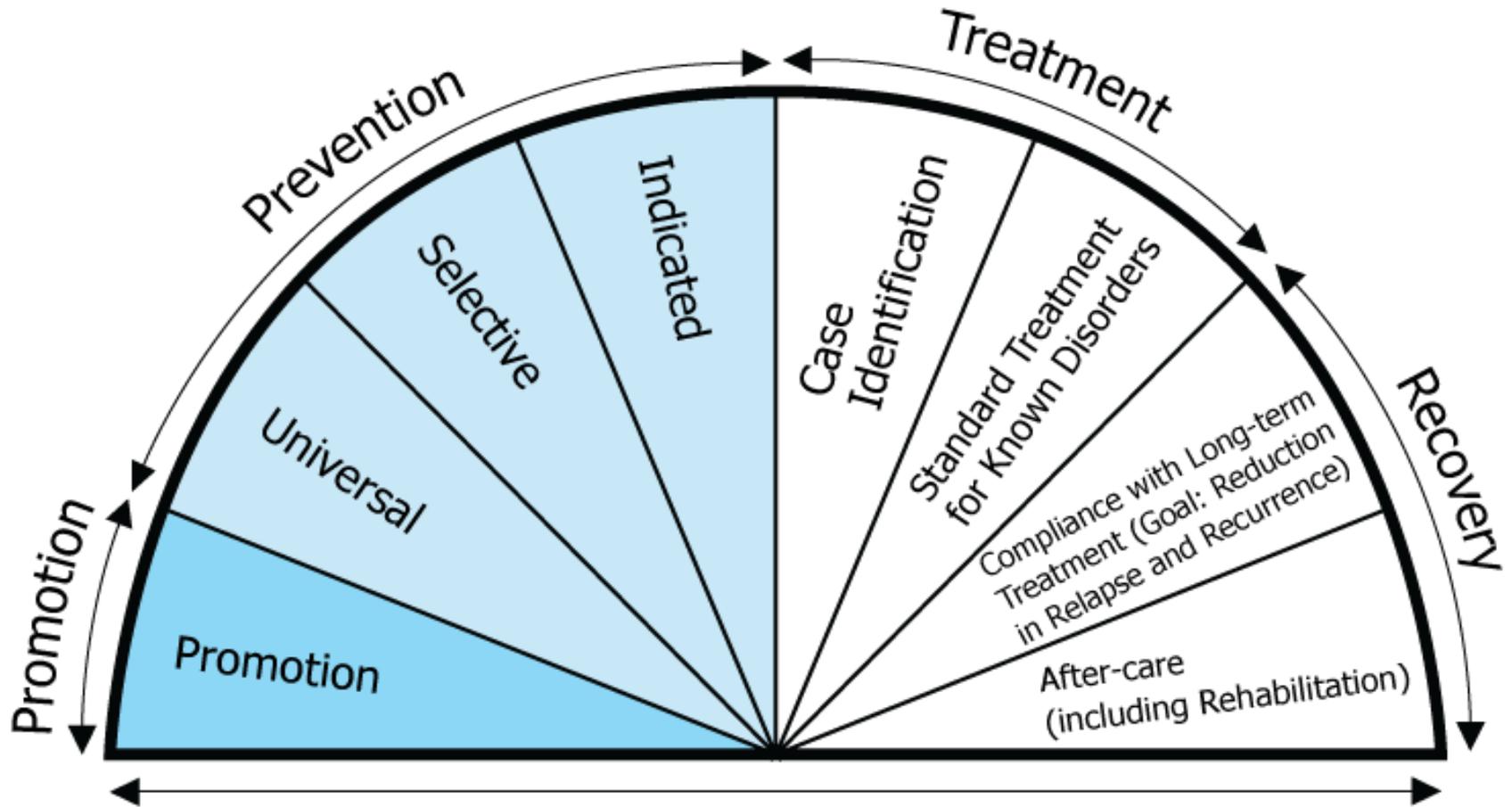


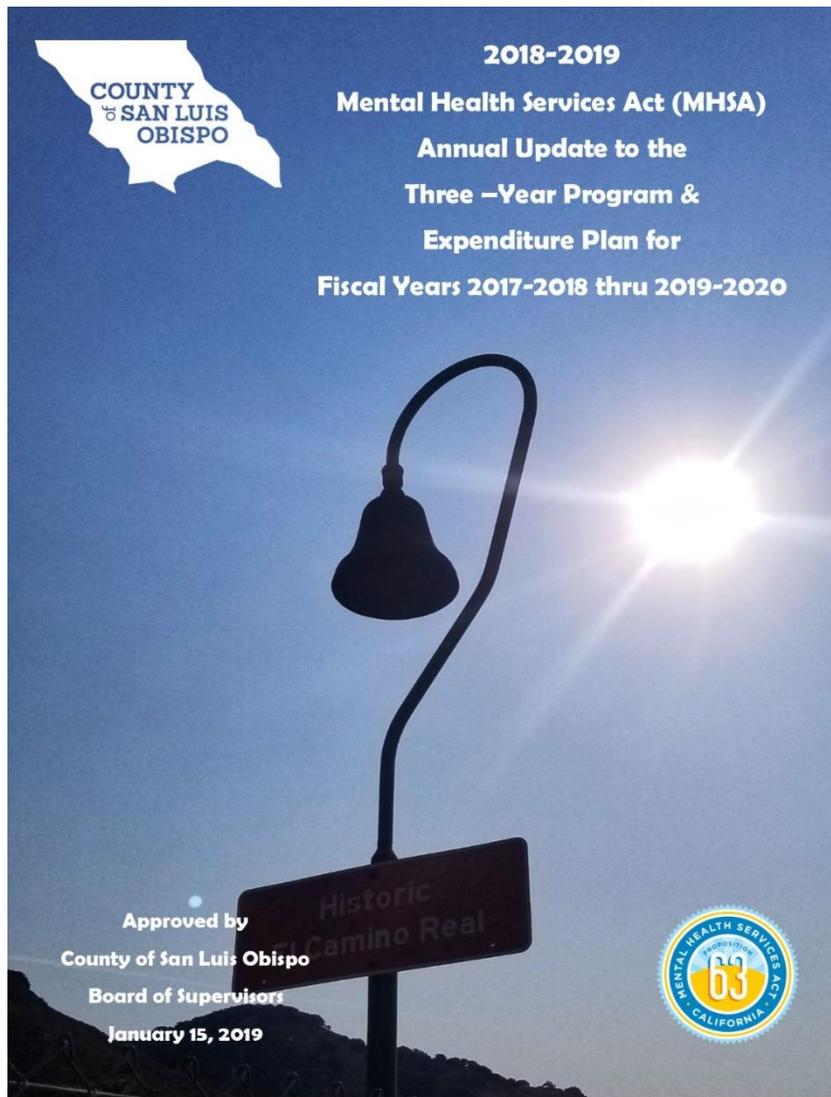
MHSA planning benefits from community stakeholder input

- Consumers, family members, and providers
- Review programs and make recommendations
- Input for improvements outlined in Annual Update
- Plan reviewed (30 days) & public hearing at Behavioral Health Board



MHSA Programs Across the Spectrum





MHSA Components

- **Community Services and Supports (CSS)**
 - (incl. Housing)
- **Capital Facilities and Technology (CFT)**
- **Prevention and Early Intervention (PEI)**
 - **PEI Statewide**
- **Workforce Education & Training (WET)**
- **Innovation (INN)**



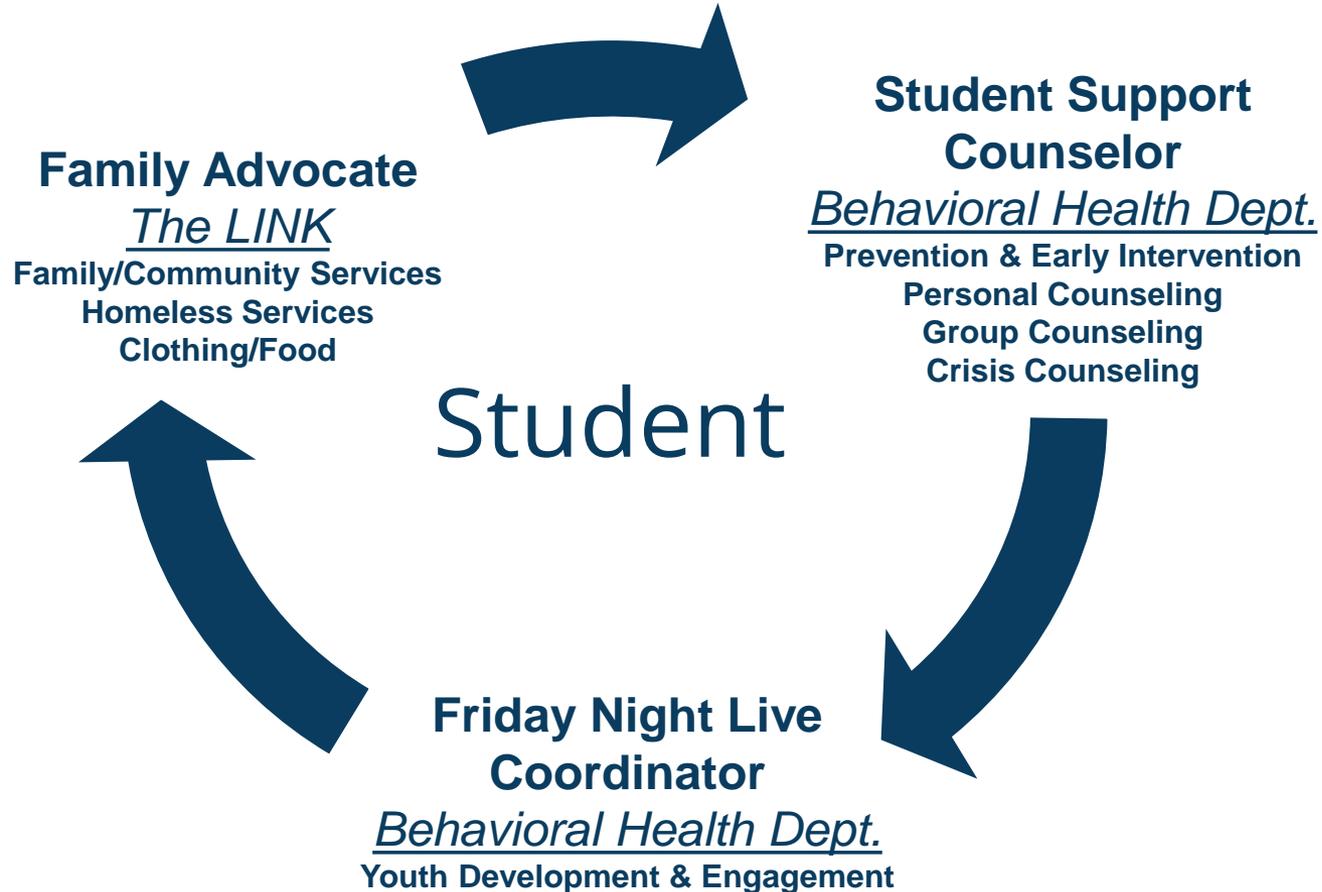
Prevention & Early Intervention (PEI)

1. **Prevention Program** (Positive Development, Family Education, Training, and Support, Middle School Comprehensive Program, In-Home Parent Educator, Successful Launch)
2. **Early Intervention Program** (Community Based Therapeutic Services, Integrated Community Wellness, Young Adult Counseling)
3. **Outreach for Increasing Recognition of Early Signs of Mental Illness** (Public Health – Perinatal Mood Anxiety Disorder)
4. **Access and Linkage to Treatment Program** (Older Adults Mental Health Initiative)
5. **Stigma and Discrimination Reduction** (Social Marketing Strategy, College Wellness Program)
6. **Improve Timely Access to Services for Underserved Populations Program** (Veterans Outreach Program)
7. **Suicide Prevention Program** (Suicide Prevention Coordination)



Middle School Comprehensive Program

Currently serving Students at: Atascadero Middle School, Flamson Middle School in Paso Robles, Judkins Middle School in Pismo Beach, Los Osos Middle School, Mesa Middle School in Nipomo, & Santa Lucia Middle School in Cambria.



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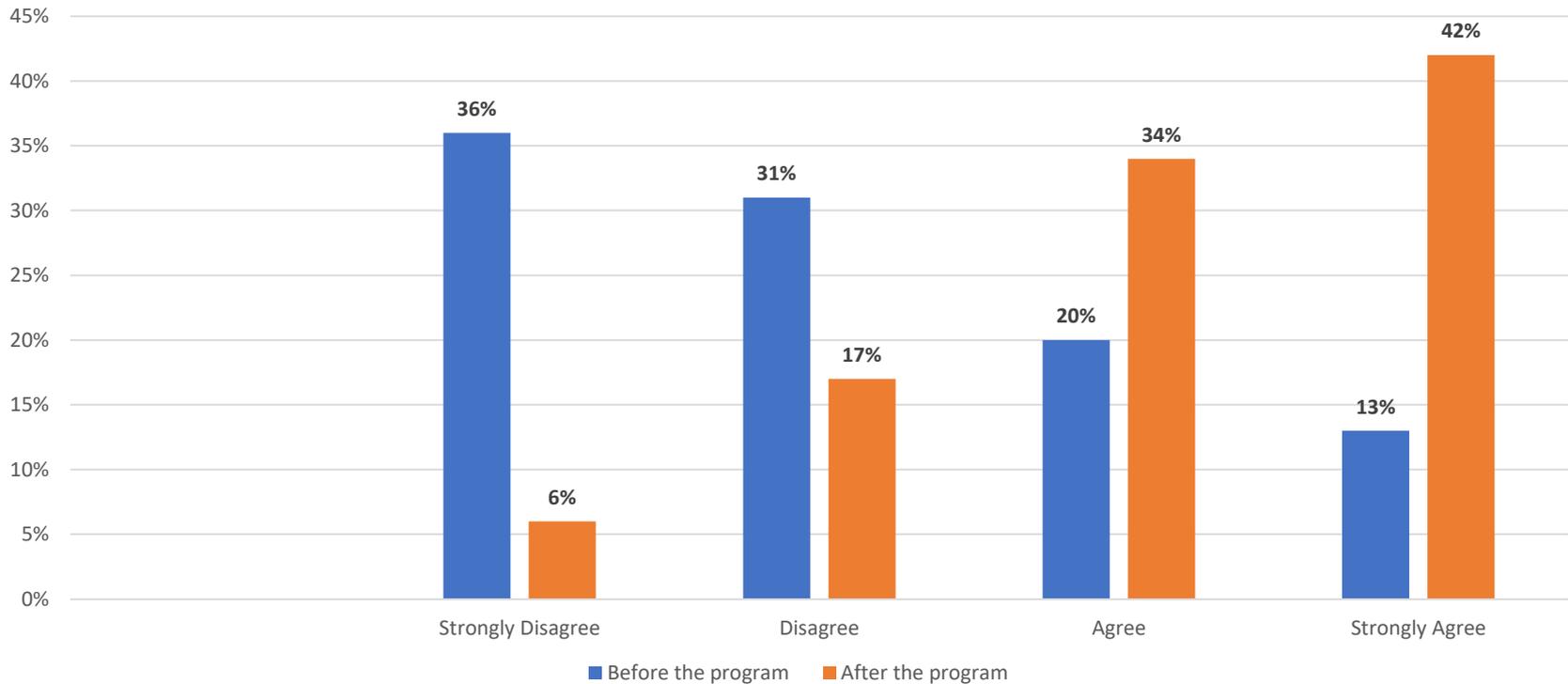
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Results from Retrospective Surveys

- Overall, participating students reported a 49% increase in their ability to know how to better cope with stress, depression, and anxiety.

I know how to better cope with stress, depression, and anxiety



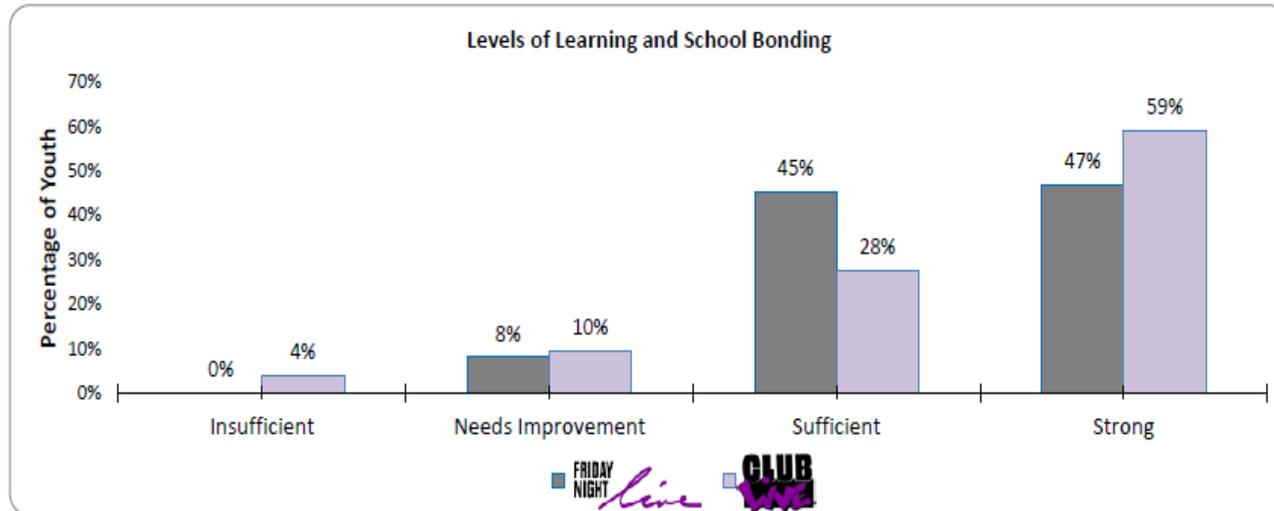
Family Advocate Results

- Annually, Family Advocates have provided information and referrals to 232 unique/unduplicated total contacts (children, youth, and parents)
- 67 or 29% (67/232) youth were provided with intensive case management services
- 52 or 78% (52/67) youth and their families/caregivers receiving case management services progressed in school attendance and behavior
- 17 or 89% (17/19) of managed cases showed progress on a scale of 1 to 5 in the integral components of SAFE (SAFE, At home, In School, Healthy, and Out of Trouble)



FNL Results from Youth Development Surveys

- Learning and School Bonding
 - 84% of youth report FNL provides sufficient to strong opportunities for school bonding/engagement
 - 92% of youth report FNL provides sufficient to strong opportunities for community engagement and to develop caring relationships with peers and adults



Innovation (INN)

- Offer **creative** approaches to persistent challenges
- Build on successful approaches **not currently considered part of mental health delivery**
- Challenge existing paradigms; **change the status quo**
- **Experiment** and take risks
- Communicate about mental illness and mental health **in different words**
- Think in **different categories**



Innovation (INN)

Fiscal Year 16-20

- **COLEGA** (Stand Strong/Women's Shelter)
- **Late Life Empowerment & Affirmation Project** (Wilshire)
- **Transition Assistance & Relapse Prevention** (TMHA)
- **Not for Ourselves Alone: Trauma Informed County** (SLOBHD)



Fiscal Year 19-23 (Proposed to the State)

- **Holistic Adolescent Health**
- **SLO Threat Assessment Program**

Fiscal Year 18-22

- **3-by-3** (First 5)
- **SLO ACCEPTance** (Cal Poly)



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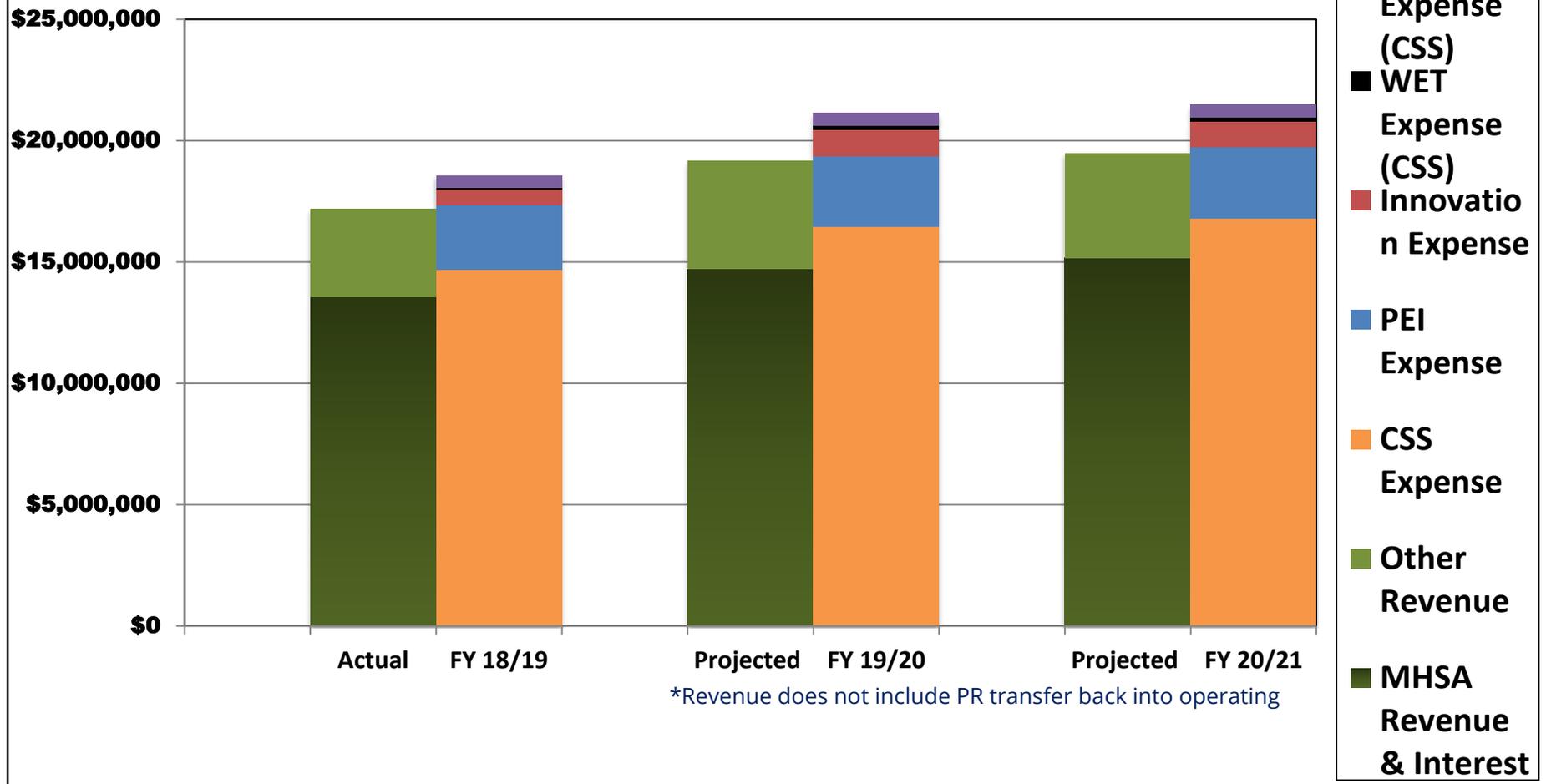
Community Services & Supports (CSS)

1. Child & Youth Full Service Partnership (FCN)
2. Transitional Age Youth FSP (FCN)
3. Adult FSP, incl. Homeless Outreach (TMHA)
4. Older Adult FSP (Wilshire CS & SLOBHD)
5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)
6. Latino Outreach Program (SLOBHD)
7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)
8. Schools and Family Empowerment (SLOBHD & CAPSLO)
9. Forensic Mental Health Services (TMHA & SLOBHD)



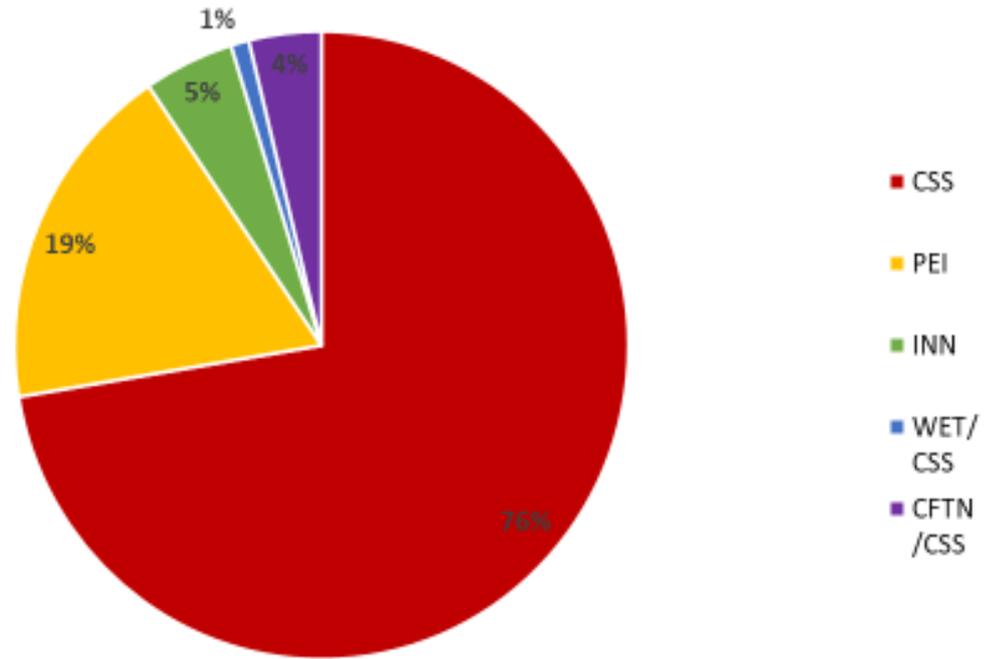
MHSA Fiscal Update

MHSA Revenue and Expenses FY 18/19 – Projected FY 20/21



MHSA Fiscal Update

MHSA Budget Distribution



MHSA Fiscal Update

- **FY 2019/20 Adopted Budget is \$20.3M (MHSA \$16.1M/Other Revenue \$4.2M)**
 - CSS: \$15.5M
 - PEI: \$2.7M
 - INN: \$1.3M
 - WET: \$167K
 - CFTN (Electronic Health Record Support): \$518K
- **Fund Balance 07/01/2018 (excluding PR) = \$11,456,955**
- **CSS Update:**
 - Full Service Partnership Majority of CSS Funding (51%)
 - FY 19/20 current budget approximately 43%
- **PEI Update:**
 - \$150K additional funding available for new or expansion of current programs.



Prudent Reserve (PR) Transfer

- Prudent Reserve (PR) Balances:
 - CSS: \$5,768,556
 - PEI: \$67,608
- SB 192 – 33% max of CSS 5 year avg (\$2.7M)
- FY 2019/20 propose transferring back to CSS & PEI
- PEI reserve to fund CalMHSA annual fee
- Request for Approval to Transfer



Old Business

Request for Approval for New or Additional Funding

- **Forensics Division Manager (PR – 3 Year Funding)**
- **Case Manager at Bishop Street (PR – 3 Year Funding)**
- **Crisis Stabilization Unit Support and Psychiatry (SMWG)**
- **Promotores Expansion**



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Request for Approval for New or Additional Funding

Forensics Division Manager

Justification

Fund .50 FTE Behavioral Health Division Manager to create a unique forensic co-occurring division with the BH Department which will allow to focus clinical and admin support to some of the most difficult to serve individuals in our community

Cost

76,542.00 Annual Increase for 3 years:

Total \$229,626



Old Business

Request for Approval for New or Additional Funding

Bishop Street Case Manager

Justification

Fund 1.0 FTE Case Manager for Bishop Street to assist clients in developing problem-solving skills related to daily living, housing, managing chronic symptoms of illness, decreasing psychiatric hospitalizations and employment. CM will also assist residents with cooking, cleaning, conflict resolution, budgeting, socialization and community integration.

Cost

\$93,375.00 Annual Increase for 3 years:

Total \$280,125.00

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Old Business

Request for Approval for New or Additional Funding

Crisis Stabilization Unit Expansion

Justification

Fund 1.0 FTE Administrative assistant and face-to-face psychiatry when needed

Cost

\$92,611.00 Annual Increase

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Old Business

Request for Approval for New or Additional Funding

Promotores Expansion

Justification

Expand Promotores to serve clients with co-occurring and to provide interpretation services to additional clients

Cost

\$21,000 Annual Increase



New Business

- **Veteran's Outreach Expansion**
- **Med Manager and Peer Mentor Expansion – Adult FSP (TMHA)**
- **Older Adult FSP Psychiatry (Wilshire)**



Updates

- **Forensic FSP**
- **CHFFA Infrastructure Grant**
- **No Place Like Home**
- **Youth Crisis Triage Grant**
- **Clinician at 40 Prado Homeless Center**



Upcoming Meetings

***MHSA Advisory (MAC)
October 30, 2019***

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Thank You Los Osos!

Frank Warren

MHSA Coordinator

Prevention & Outreach Division Manager

County of SLO Behavioral Health Dept.

fwarren@co.slo.ca.us

(805)788-2055

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