

**MHSA Town Hall Meeting
MHSA Advisory Committee (MAC)
Tuesday, August 27, 2018
Nipomo Community Library
5:00pm – 6:30pm**

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



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- 1. Welcome, Introductions, and Goals for meeting**
- 2. MHSA Overview**
- 3. CSS Work Plan Review & Updates**
- 4. PEI Work Plan Review & Updates**
- 5. INNOvation Work Plan Review & Updates**
- 6. Fiscal Update**
- 7. Old Business**
- 8. New Business for 2018-2019**
- 9. Next Meetings: 10/30; 12/18**
- 10. Conclusion**



1. Welcome

- Lynn Compton, District 4 Supervisor

2. Introductions

- Please introduce yourself and whether you are a member of the MAC, County staff, or public stakeholder

3. Goals for meeting

- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We also seek new stakeholders to join the Advisory Committee!



The Mental Health Services Act in San Luis Obispo County:

- Proposition 63, passed in 2004
- Millionaire's Tax

The MHSA Provides:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



The MHSA Mission

*The funding is provided to each county to “create a **state-of-the-art, culturally competent system** that promotes **recovery/wellness** for adults and older adults with severe mental illness and **resiliency** for children with serious emotional disorders **and their families.**”*



The MHSA Vision

The MHSA pledges to **look beyond “business as usual” to help build a system where **access** will be easier, services are **more effective**, out-of-home and institutional care are **reduced** and **stigma** toward those with severe mental illness or serious emotional disturbance no longer exists.**

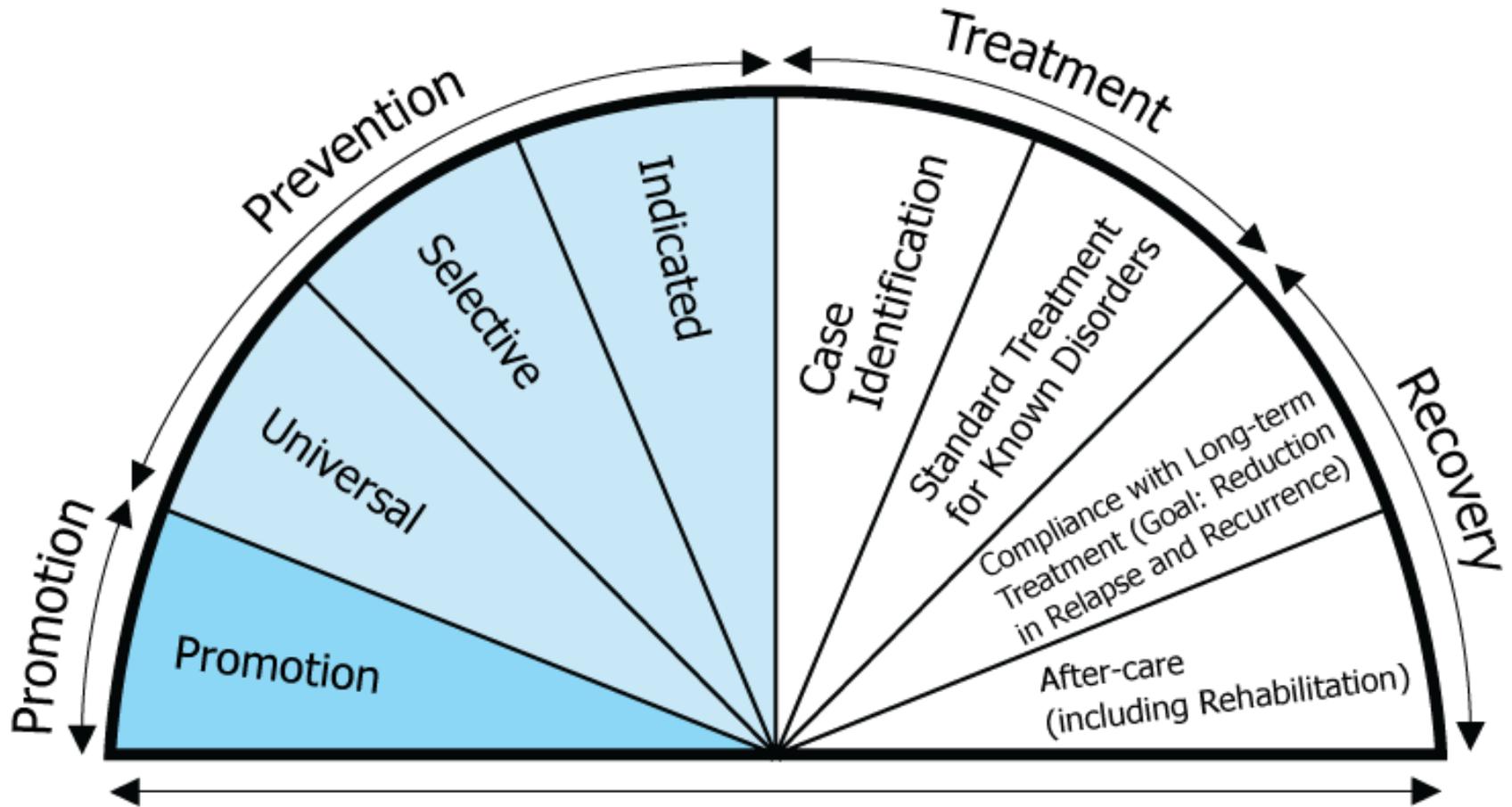


Quick Overview of MHSA Components

- **Community Services and Supports (CSS)**
- **(incl. Housing)**
- **Capital Facilities and Technology (CFT)**
- **Prevention and Early Intervention (PEI)**
- **Workforce Education & Training (WET)**
- **Innovation (INN)**
- **PEI Statewide**



MHSA Programs Across the Spectrum



Community Services & Supports (CSS)

1. Child & Youth Full Service Partnership (FCN & SLOBHD)
2. Transitional Age Youth FSP (FCN & SLOBHD)
3. Adult FSP, incl. Forensic, and Homeless Outreach (TMHA & SLOBHD)
 - **HOT Program Update: Joe Madsen, Division Director, TMHA**
4. Older Adult FSP (Wilshire CS & SLOBHD)
5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)
6. Latino Outreach Program (SLOBHD)
7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)
 - **CSU Update: Kristin Ventresca, CSS Coordinator, SLOBHD**
8. Schools and Family Empowerment (SLOBHD & CAPSLO)
9. Forensic Mental Health Services (TMHA & SLOBHD)



Homeless Outreach Team (HOT)

- In 2012-2013, a FSP focusing on homeless individuals was launched. Modeled after the AB 2034 Homeless Outreach Program which ended in 2007, the FSP team works to identify chronically homeless, severely mentally ill individuals who are unlikely to seek or enroll in mental health services on their own.
- In 2016-2017, 221 clients received outreach services.
 - 74 of these clients received mental health screening services
 - 52 of these clients received primary health screenings
- The 41 adult individuals who were enrolled in HOT FSP services in 2016-2017 yielded the following results:
 - 75% reduction in homelessness
 - 99% reduction in emergency room visits
 - 76% reduction in psychiatric hospitalization days
 - 95% reduction in jail days

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Crisis Stabilization Unit (CSU)

- Unit opened on 4/1!



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Prevention & Early Intervention (PEI)

1. Prevention Program (SLOBHD, Center for Family Strengthening (CFS), CAPSLO, The Link, Cuesta College)
 - Student Assistance Programs, Judkins and Mesa Middle School Teams
2. Early Intervention Program (Community Counseling Center, TMHA, SLOBHD)
3. Outreach for Increasing Recognition of Early Signs of Mental Illness (Public Health)
4. Access and Linkage to Treatment Program (Wilshire)
5. Suicide Prevention Program (SLOBHD, TMHA)
6. Improve Timely Access to Services for Underserved Populations Program (SLOBHD)
 - Breanne Salmon, Veterans Outreach, LMFT, SLOBHD
7. Suicide Prevention Program
 - Introduction of Alysia Hendry, Suicide Prevention Coordinator, SLOBHD



Veterans Outreach and Treatment Court

Veterans Outreach
San Luis Obispo County
Reaching Out to Local Veterans and Their Families

Join us for our next event...

kayak HORIZONS

Kayaking in Morro Bay
Saturday, May 5th
9:00AM - 12:00PM
FREE for veterans (one guest welcome)

To register or learn about future activities
call 781-4285 or email ggranados@co.slo.ca.us

The flyer features several small inset photos showing people participating in various outdoor activities: rock climbing, golfing, kayaking, and riding horses.



- Monthly activities and events
- Therapist embedded in activities to engage veterans and family members
- Follow-up, walk-in, appointments, and referrals
- Veterans Treatment Court





MHSA – Prevention & Early Intervention
School Wellness

San Luis Obispo County Mental Health Services Act Prevention and Early Intervention Component

The San Luis Obispo County Behavioral Health Department (SLOBHD) is excited to introduce the Prevention and Early Intervention (PEI) component of the Mental Health Services Act (MHSA). PEI programming has been developed through a countywide planning process with the goal of building the capacity of the community to increase resiliency by decreasing risk factors, and increasing the protective factors which promote positive mental health and reduce the negative impact of mental illness.

MHSA funds are being utilized to implement five projects, which include distinct components addressing youth, parents, older adults and systems which affect the mental health and well-being of the community. The County has established partnerships with local agencies and prevention providers to conduct services over the next three years. The implementation of PEI programming represents a significant shift in mental health programming for our county.

***School-based Wellness Project.* A prevention and early intervention project to build wellness and resiliency, and reduce risk factors and stressors among elementary, middle and high school students**

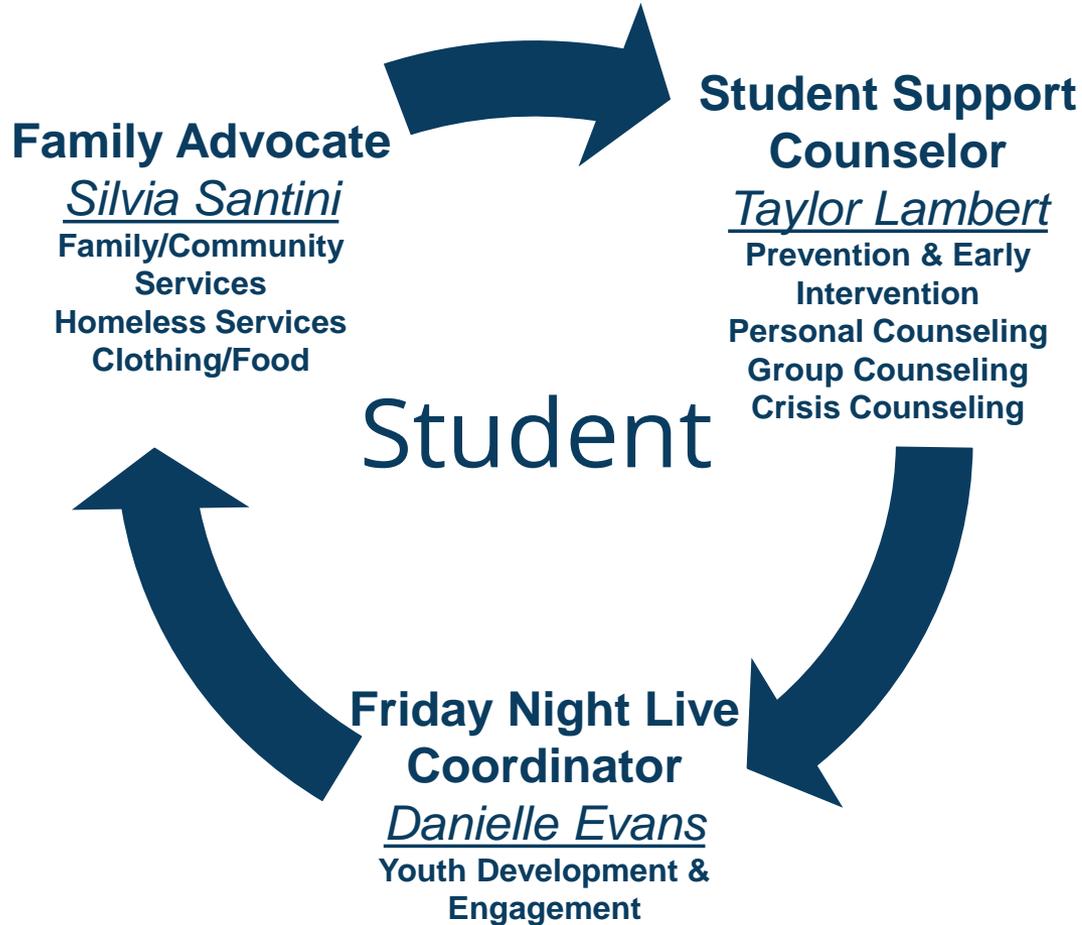


MHSA – Prevention & Early Intervention *School Wellness*

- **PEI Student Support Counseling**
 - **Family Advocate**
 - **Friday Night Live**
- Flamson Middle School
- Atascadero Junior High School
- Los Osos Middle School
- Santa Lucia Middle School, Cambria
- Mesa Middle School, Nipomo
- Judkins Middle School, Pismo Beach



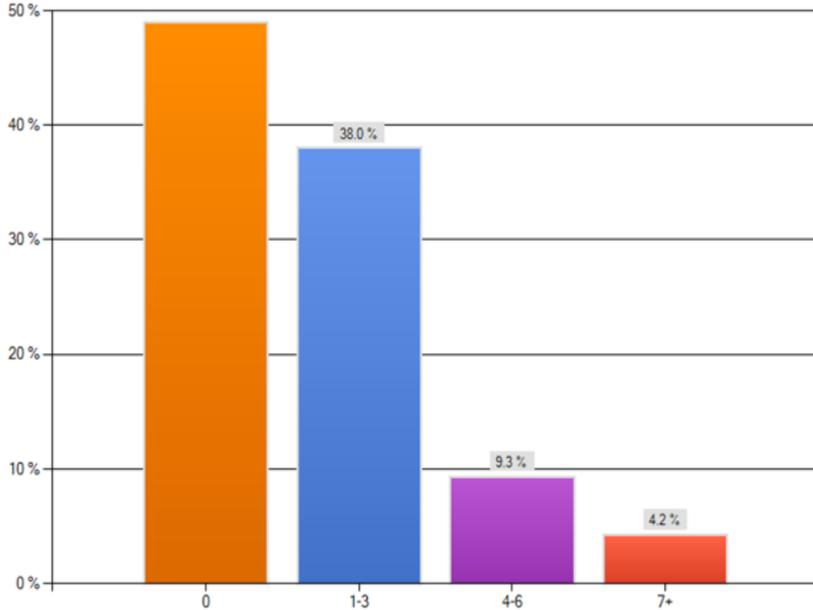
PEI Program: *“Wraparound Services”*



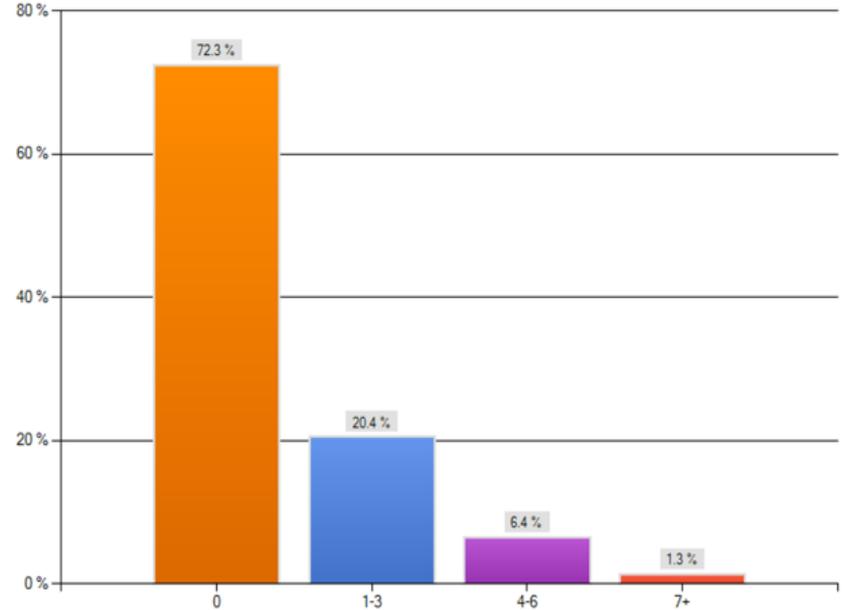
Results from SAP Retrospective Survey

- Overall, the number of times students reported getting into fights or threatened someone declined by 46.8% after participating in the PEI Counseling program.

The number of times I got into a physical fight or threatened someone is (Before Program)



The number of times I have gotten into a physical fight or threatened someone is (After Program)



FNL Results from Youth Development Surveys

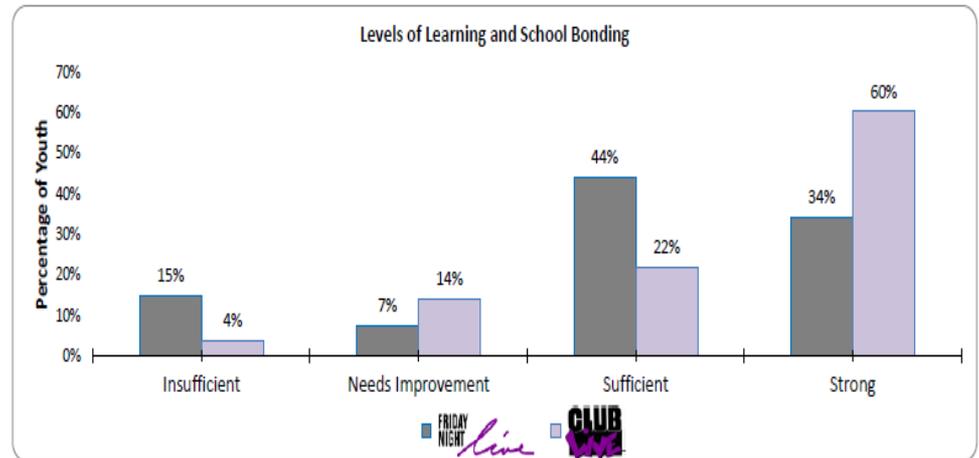
Learning and School Bonding

84% of youth report FNL provides sufficient to strong opportunities for school bonding/ engagement

98% Report FNL Supports Leadership Development

78% Report FNL Increases School Engagement

95% Report FNL Provides a Safe Environment



Why is being in Friday Night Live important to you?

"FNL is important to me because it makes me feel like I am making a difference in the community."

"It helps me get through hard times and figure out how not to turn to alcohol or drugs as a scape goat."



Family Advocate Results

- Annually, Family Advocates have provided information and referrals to **229 unique/unduplicated total contacts** with children, youth and parents this year.
- From the 229 unique contacts with families, 106 or **46% are engaged in intensive case management services.**
- **106 Youth** contacts with, **123** contacts with Parents/Caregivers/siblings.
- **79 Youth or 86% of managed cases showed progress in attendance and behavior.**
- Family Advocates have provided a total of **20 outreach and training events in Spanish and English** with a total of **1,867 event attendees.**



Innovation (INN)

- Offer **creative** approaches to persistent challenges
- Build on successful approaches **not currently considered part of mental health delivery**
- Challenge existing paradigms; **change the status quo**
- **Experiment** and take risks
- Communicate about mental illness and mental health **in different words**
- Think in **different categories**



Innovation (INN)

- COLEGA (Stand Strong/Women's Shelter)
- Late Life Empowerment & Affirmation Project (Wilshire)
- Transition Assistance & Relapse Prevention (TMHA)
- Not for Ourselves Alone: Trauma Informed County (SLOBHD)
 - Update on "CARE:, Caroline Johnson, Program Coordinator, SLOBHD



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Innovation (INN)

3-by-3: Developmental Screening Partnership between Parents and Pediatric Practices

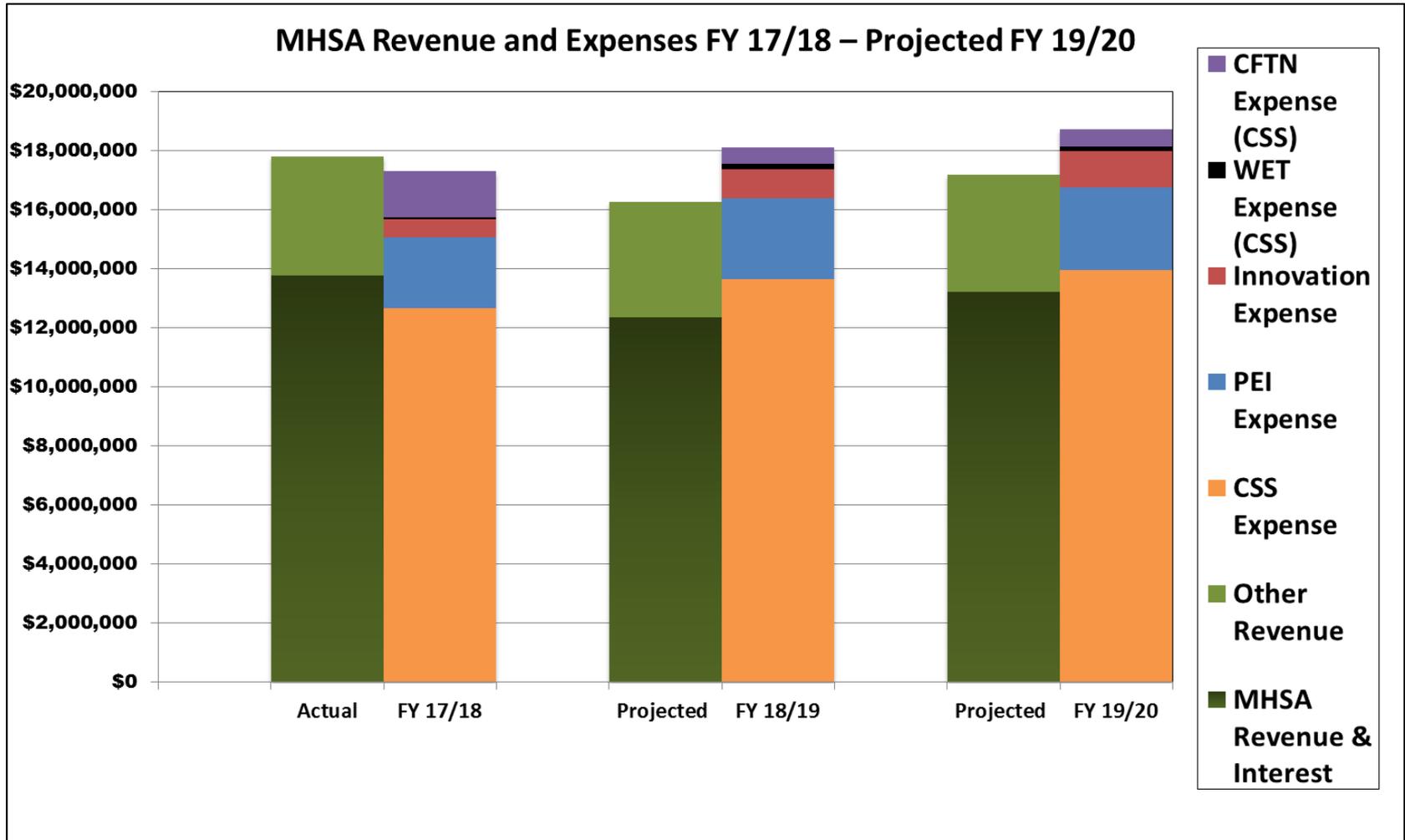
- Tests three methods to administer ASQ:SE for children 0-3 that includes a health educator, parent self-administration, and child-care provider to understand which produces better results in early diagnoses and intervention.

SLO ACCEPTance: Affirming Cultural Competence Education & Provider Training

- Tests a pilot/never before used curriculum for mental health therapists/clinicians to address culturally and linguistically competent mental health services for the LGBTQ+ community.



MHSA Fiscal Update



MHSA Fiscal Update

- **FY 2017/18 Actuals \$15.9M**
(MHSA \$11.9M (Interest \$996K)/Other Revenue \$4.0M)
 - CSS: \$11.2M
 - PEI: \$2.4M
 - INN: \$605K
 - WET: \$86K
 - CFTN (Electronic Health Record Support & CSU building): \$1.6M
- **Prudent Reserve Balances:**
 - CSS: \$5,768,556
 - FY 2017/18 Transfer = \$1,432,009
 - PEI: \$67,608



MHSA Fiscal Update

- FY 2018/19 MHSA Revenue projected to decrease by about 11% due to

- No Place Like Home \$140M
- Annual Adjustment for state \$272.5M

MHSA Estimated Component Funding
(Cash Basis-Millions of Dollars)

	Fiscal Year				
	Actual		Estimated		
	15/16	16/17	17/18	18/19	19/20
CSS	\$1,078.3	\$1,388.6	\$1,519.7	\$1,371.1	\$1,472.7
PEI	\$269.6	\$347.1	\$379.9	\$342.8	\$368.2
Innovation ^{a/}	\$70.9	\$91.4	\$100.0	\$90.2	\$96.9
Total	\$1,418.8	\$1,827.0	\$1,999.7	\$1,804.1	\$1,937.8

a/ 5% of the total funding must be utilized for innovative programs (W&I Code Section 5892(a)(6)).

- County of San Luis Obispo**

- Info Notice 18-038 MHSA Allocation & Methodology
- FY 2018/19 Allocation = 0.671845% (decrease of 0.002194% or \$40K)



MHSA Fiscal Update

- **FY 2018/19 Adopted Budget is \$18.1M
(MHSA \$13.9M/Other Revenue \$4.2M)**
 - CSS: \$13.7M
 - PEI: \$2.7M
 - INN: \$991K
 - WET: \$159K
 - CFTN (Electronic Health Record Support): \$554K

- **Prudent Reserve Balances:**
 - CSS: \$5,768,556
 - FY 2018/19 no proposed transfer due to new guidance
 - PEI: \$67,608
 - Info Notice 18-033 – 33% max of largest distribution (\$4.5M)
 - Proposed SB 192 – 33% max of CSS 5 year avg (\$2.8M)



MHSA Fiscal Update

- **CSS Update:**

- Full Service Partnership Majority of CSS Funding (51%)

- FY 18/19 current budget at about 43%

- Add \$2.3M growth to FSP programs (not sustainable) or redirect CSS funding to FSP programs \$1.1M or a combination of both

- **PEI Update:**

- No projected additional funding available at this time



MHSA Fiscal Update

- **Innovation Update:**

- Round 3 projects to begin in FY 2018/19
- AB 114 funding FY 2018/19
- Round 4 projects to begin in FY 2019/20:
 - Propose \$500K per year for 3 year project

- **Workforce, Education & Training Update:**

- FY 17/18 start of CSS funds transfer to WET
- FY 18/19 AB114 funding

- **Capital, Facilities, & Tech Needs Update:**

- FY 17/18 CSS funds transfer to CFTN
- Exploring update to Electronic Health Record



MHSA Fiscal Update

- **Reversion**

- AB 114 Spending Plan approved by County Board of Supervisors August 7, 2018
- AB 114 funds for INN & WET must be spent by June 30, 2020
- Info Notice 18-033 – guidance on future reversion
 - CSS & PEI – 3 years to spend from date of receiving the funds
 - INN – 3 years to spend from date of MHSOAC approval of project
 - Interest to be allocated to components and spent similar to other funding (76% CSS, 19% PEI, and 5% INN)



MHSA Fiscal Update

- **Fiscal Reporting Tool**

Mental Health Services Oversight & Accountability Commission (MHSAOAC)

- Provides RER by County for past fiscal years

<http://mhsoac.ca.gov/fiscal-reporting>



Old Business

- **Triage Grant Update**
- **Support for Community Action Team, updates**
- **LGBTQ Needs Assessment, update**
- **FSP (incl. AOT FSP) contract changes**
- **FSP for Child/Youth RFP – Update**
 - **County staffing**



New Business

- **FSP 51% Decisions**
 - Homeless service grant
- **Wish List Development**
 - New proposal format (in progress)
- **Infrastructure/staffing review**

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Upcoming Meetings

- ***MHSA Advisory (MAC)***
- ***Tuesday, October 30, 2018***
- ***4:00pm – 5:30pm***
 - ***Veterans Hall, SLO***

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Thank You Nipomo Community Library!

Frank Warren

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