



## Meeting Minutes

1. Frank Warren welcomed the stakeholder group at 5:00 pm. All participants introduced themselves and Frank presented the goals for the meeting. Frank also reviewed the Stakeholder Process, format, and rules for the meeting (e.g. consensus voting, no rules of order, etc.). Frank went on to give an overview of MHSA.
2. Meghan Madsen from TMHA was introduced. Meghan is the Program Manager for the Wellness Centers and Education Courses. Meghan spoke about the value of community services, she went on to name a few Community Collaborators, Hospice Support Group, Hearing and Voices Group, Q Cares Focus Group, 12 Step programs for Dual Addiction. Meghan discussed the education program opportunities such as Mental Health First Aid, Peer to Peer and Wellness Recovery Action Plan course (WRAP). Meghan introduced two Support Groups in Paso Robles, Living Mentally Well and Coping with Anxiety and Depression, both facilitated by TMHA.
3. Kristin Ventresca, CSS Coordinator, SLOBHD gave an update on the Homeless Outreach Team (HOT). In 2016-2017, 221 clients received outreach services. Of the 41 adult individuals enrolled in HOT services there was a 75% reduction in homelessness, 99% reduction in emergency room visits, 76% reduction in psychiatric hospitalization days, 95% reduction in jail days. The current numbers for 2017-2018 are available in the Annual Update on the county website. Kristin also gave a summary of CSU and services provided.
4. Frank Warren gave an overview of the Prevention and Early Intervention (PEI) programs including Prevention, Early Intervention, Outreach for increasing Recognition of Early Signs of Mental Illness, Access and Linkage to Treatment Program, Stigma and Discrimination Reduction, Improve Timely Access to Services for Underserved Populations Program and suicide Prevention Program.
5. Lisa Fraser, Executive Director of the Link and Center for Family Strengthening. Lisa spoke about the PEI Middle School Family Advocates which connect Middle School youth and their families to mental health resources and community services. There are currently 229 families served by 6 Middle Schools, 79% of students showed improvement in attendance, grades, and behavior in school during the 17/18 academic

school year. Lisa introduced Tonya De Rose, Coordinator for north County Services Affirming Family Empowerment (SAFE). SAFE uses a strength-based approach to empower families and build protective factors. They work with families during summer as well. Lisa then introduced Gwendolyn Garcia, Coordinator for Center for Family Strengthening, Parent Connection. The goal of this program is to enhance parenting skills, knowledge, and behavior through a strong, countywide network that promotes and improves parenting education and support. The Participant Outcomes for 2017-2018 were all in the 90-percentile including confidence, knowledge, less stress and communications. Parent Connection is collaborating with Community Action Partnership of SLO County for the Parent Café which are conversations that focus on the 5 Protective Factors that assist in strengthening families. The Target Locations are San Miguel, Cambria and Nipomo.

6. Nestor Veloz-Passlacqua, Prevention and Early Intervention (PEI)/Innovation Coordinator, SLOBHD gave some Annual Update Highlights. Results from the Student Assistance Project (SAP) with the goal of decreasing risk factors for youth. The overall number of times students were reported getting into fights or threatened someone declined by 46.8% after participating in the PEI Counseling program. Some results from the Friday Night Live (FNL) Development Surveys were 84% of youth report FNL provides strong school bonding and engagement, 78% FNL increases school engagement and 95% report FNL provides a safe environment. Nestor discussed Innovation concepts and the current round of projects including, 3x3: Development Screening Partnership between Parents and Pediatric Practices and the SLO ACCEPTance: Affirming Cultural Competence Education and Provider Training. The new round for planning 2019-2020 has begun.
7. Briana McCoy (Hansen), Accountant III, SLOBHD, gave the Fiscal Update. FY 2018/19 MHSA Revenue projected to decrease by about 7% due to the following: No Place Like Home \$140M and the Annual Adjustment. The FY 2018/19 Adopted budget is \$18.6m. The fund balance 7/1/2018 (excluding Prudent Reserve) is \$11,180,446. The FY 2017-18 Annual Revenue and Expense Report is available on the County Website <https://www.slocounty.ca.gov/MHSA.aspx>
8. Old Business: The Triage Grant should roll out by early spring. The LGBTQ Needs Assessment Q-Cares Survey is out. The RFP for the first round of competitive funds for No Place Like Home closes on 1/2/2018.
9. New Business: There will be more discussion in February regarding the Homeless Service Grant as well as voting for using WET funds to add a Training Coordinator. There is a new form on the County Website for MHSE Budget increases and new Program Proposals.
10. Upcoming Meetings:  
Innovation Stakeholder Meeting: January 24,2019  
MHSA Advisory (MAC): February 26, April 30, June 25.

**11.** Meeting concluded at 6:35pm

**12.** Attendees: John Aparicio, Tonya De Rose, Lisa Fraser, Mathew Green, Joseph Kurtzman, Joe Madsen, Meghan Madsen, Frank Ricceri, David Riestler, Jeff Smith, Ellen Sturtz, Gwendolyn Garcia, Mary Bianchi, Camas Frank, Kim Mott, Briana McCoy, Joni McCoy, Rebecca Redman, Nestor Veloz-Passlacqua, Kristin Ventresca, Caroline Johnson, Laureen Menesez, Elissa Feld, Tami Gunther, Susan Funk.