

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Karen Jones
Immediate Past Chair: Laura DeLoye
First Vice Chair: Paulina Flores Jimenez
Second Vice Chair:

karenjones@ombudsmanslo.org
ladeloye@alz.org
pfloresjimenez@co.slo.ca.us

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Gala Pride and Diversity Center Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
San Luis Obispo Legal Assistance Foundation
Senior Nutrition Program
Senior Volunteer Services (RSVP/3CV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School
San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

AGENDA

Friday, October 6th, 2023

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

PUBLIC COMMENT / ANNOUNCEMENTS: (5 Minutes or less)

MEMBER COMMENT/SPOTLIGHT: (15 Minutes or less)

GUEST SPEAKERS: (45 Minutes)

- **Victoria Jump (via Zoom) : Ventura Master Plan on Aging**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS: (10 Mins)

- **Approve Synopsis**
- **Vote on Second Vice Chair**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Strategic Planning Ad Hoc Group**
- **Healthy Brain Initiative Needs Assessment**

MEETING LOCATION:

Empleo Conference Room #1
3563 Empleo St, San Luis Obispo
Intersection of Empleo & Granada Streets

NEXT MEETING:

November 3rd, 2023

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of
adults and seniors. Our vision is safe and supported adults and seniors with
access to a full continuum of resources and independence wherever they reside.

Leader: Karen Jones
 Facilitator: Karen Jones
 Recorder: Danielle Raiss

Meeting Called By: Karen Jones
 Time: From: 9:00 AM To: 11:00 AM
 Date: October 6th, 2023

Location: 3563 Empleo St, SLO

Members Present:

Danielle Raiss – DSS

Karen Jones - LTCO

Jean Raymond – Dignity Health

Jessica Devereaux – Wilshire Hospice

Nicki Edwards – SLO Village

Sally Kruger – SLO Village

Robert Diaz – DSS

Paul Garth – VASH

Kathy Welles – Public Health

Laura DeLoye – Alzheimer’s Association

Emmy Spotswood – Cal Poly Intern

Kim Chartrand – Hospice SLO

Paige Anderson – SLOCOG

Paulina Flores Jimenez – Public Health

Francine Levin – Public Health

Kevin Green – SLOLAF

Nell Bennett – CCRC

Sue Gibson – SLG Senior Care

Alex Morris – Geriatric Care Mgtm.

Rod Brown – Geriatric Care Mgtm.

Bette Kulp – SLO Village

Jerry Mihaic – ILRC

Linda Beck – Ombudsman

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions	
Public Comment	N/A
Member Comment	N/A
Guest Speakers	<p>VICTORIA JUMP – VENTURA COUNTY MASTER PLAN ON AGING</p> <p>WHY A MASTER PLAN?</p> <ul style="list-style-type: none"> • POPULATION OF COUNTY IS OLDER WITH MORE THAN 25% OF PEOPLE OVER 60 YEARS OF AGE • BUILDS BRIDGES ACROSS COUNTY DEPARTMENTS MANY OF WHOM HAVE POLICIES THAT IMPACT OLDER ADULTS AND PEOPLE WITH DISABILITIES - TO SUPPORT CROSS SECTOR PLANNING AND IMPLEMENTATION • INCORPORATES AN AGING AND DISABILITIES LENS ACROSS COUNTY PRIORITIES BEYOND THE TRADITIONAL HEALTH CARE AND COMMUNITY-BASED SERVICES • RAISES AWARENESS ABOUT HOW AGING AND DISABILITY RELATED POLICIES IMPACTS PEOPLE AT ALL STAGES OF LIFE. <p>MPA IN VENTURA COUNTY</p> <ul style="list-style-type: none"> • MARCH 2018 OLDER ADULTS COLLABORATIVE MEETING WITH CEO’S OFFICE • OCTOBER 2019 STAKEHOLDER FORUM • TOWN HALLS/LISTENING SESSIONS • FOCUS GROUPS • TARGETED CONVERSATIONS WITH MINORITY SERVING INSTITUTIONS • PUBLIC SURVEY • DATA/LITERATURE REVIEW • RELEASE OF DRAFT GOALS AND INITIATIVES – AUGUST 2021 • COUNTY AGENCIES PROVIDED A CHANCE TO REVIEW AND MAKE SUGGESTIONS • PUBLIC COMMENT • BOARD OF SUPERVISORS APPROVAL – OCT 2022 <p>PLAN’S PERSPECTIVE</p> <ul style="list-style-type: none"> • 10 YEAR PLAN • FOCUS ON MOVING THE COUNTY TOWARDS BEING AGE FRIENDLY, DEMENTIA FRIENDLY AND DISABILITY FRIENDLY • WRITTEN FROM COUNTIES PERSPECTIVE • SENSITIVE TO NOT OBLIGATING CITIES • GOOD IDEAS THAT DIDN’T MAKE THE FINAL PLAN ADDED SO THAT NON-PROFITS OR CITIES CAN WORK ON THEM IF THEY CHOOSE • WE ALL OWN THE PROCESS OF MAKING THE COUNTY AGING AND DISABILITY FRIENDLY <p>5 GOALS</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • GOAL 1 – HOUSING FOR ALL AGES AND STAGES - WE WILL LIVE WHERE WE CHOOSE AS WE AGE IN COMMUNITIES THAT ARE AGE, DISABILITY, AND DEMENTIA FRIENDLY AND DISASTER READY • GOAL 2 – HEALTH REIMAGINED - WE WILL HAVE ACCESS TO THE SERVICES WE NEED TO LIVE AT HOME IN OUR COMMUNITIES AND TO OPTIMIZE OUR HEALTH AND QUALITY OF LIFE • GOAL 3 – INCLUSION AND EQUITY, NOT ISOLATION - WE WILL HAVE LIFELONG OPPORTUNITIES FOR WORK, VOLUNTEERING, ENGAGEMENT, AND LEADERSHIP AND WILL BE PROTECTED FROM ISOLATION, DISCRIMINATION, ABUSE, NEGLECT, AND EXPLOITATION • GOAL 4 – CAREGIVING THAT WORKS - WE WILL BE PREPARED FOR AND SUPPORTED THROUGH THE REWARDS AND CHALLENGES OF CARING FOR AGING LOVED ONES. • GOAL 5 – AFFORDABLE AGING - WE WILL HAVE ECONOMIC SECURITY FOR AS LONG AS WE LIVE <p>GOAL I – HOUSING FOR ALL AGES AND STAGES</p> <ol style="list-style-type: none"> 1. MORE HOUSING OPTIONS 2. ACCESSIBLE TRANSPORTATION AND COMMUNITY WALKABILITY 3. OUTDOOR AND COMMUNITY SPACES FOR ALL AGES 4. EMERGENCY PREPAREDNESS AND RESPONSE <p>GOAL II – HEALTH REIMAGINED</p> <ol style="list-style-type: none"> 1. BRIDGING HEALTH CARE WITH HOME 2. HEALTH CARE AS WE AGE 3. LIFELONG HEALTHY AGING 4. DEMENTIA IN FOCUS: <ul style="list-style-type: none"> • SUPPORT EFFORTS TO EXPAND EFFORTS OF DEMENTIA FRIENDLY VENTURA COUNTY. • PROVIDE LONG TERM CASE MANAGEMENT FOR OLDER ADULTS AND PEOPLE WITH DISABILITIES THAT HAVE ALZHEIMER’S AND RELATED DEMENTIAS, TO INCLUDE SUPPORTING INDIVIDUALS THAT LIVE ALONE. • PROMOTE SCREENING, DIAGNOSIS, AND CARE PLANNING BY HEALTH CARE PROVIDERS FOR PATIENTS AND FAMILIES WITH ALZHEIMER’S AND RELATED DEMENTIAS, THROUGH TRAINING OF HEALTH CARE PROVIDERS, AND DIRECT CAREGIVER TRAINING OPPORTUNITIES • ASSISTANCE WITH COST OF ADULT DAY SERVICES, IN-HOME CARE, AND ASSISTED LIVING/NURSING HOME CARE DUE TO THE NEED FOR INCREASED CARE OVER A LONGER PERIOD. • PROVIDE MORE COMPREHENSIVE, IN-DEPTH TRAINING FOR CAREGIVER SUPPORT. • PROVIDE LGBTQ TRAINING FOR INCLUSIVITY. <p>GOAL III – INCLUSION AND EQUITY, NOT ISOLATION</p> <ol style="list-style-type: none"> 1. INCLUSION AND EQUITY IN AGING 2. CLOSING THE DIGITAL DIVIDE 3. OPPORTUNITIES TO WORK 4. OPPORTUNITIES TO VOLUNTEER AND ENGAGE ACROSS GENERATIONS 5. PROTECTION FROM ABUSE, NEGLECT AND EXPLOITATION 6. VENTURA COUNTY LEADERSHIP AND VISIBILITY OF AGING SERVICES

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>GOAL IV – CAREGIVING THAT WORKS</p> <ol style="list-style-type: none"> 1. FAMILY AND FRIENDS CAREGIVING SUPPORT 2. VIRTUAL CARE EXPANSION 3. <u>INITIATIVES:</u> <ul style="list-style-type: none"> ○ SUPPORT STATE EFFORTS TO PROMOTE STATE PAID FAMILY LEAVE BENEFITS TO OLDER CALIFORNIANS, PEOPLE WITH DISABILITIES, AND FAMILY CAREGIVERS. ○ SUPPORT RESPITE CARE AND INITIATIVES TO PROVIDE FINANCIAL SUPPORT FOR FAMILY CAREGIVERS. IT IS COMMON FOR FAMILIES TRYING TO “DO RIGHT” BY THEIR FAMILY MEMBER TO WIPE OUT SAVINGS BEFORE THEIR LOVED ONE CAN QUALIFY FOR MEDI-CARE OR MEDI-CAL. ○ SUPPORT THE THREE FAMILY CAREGIVER CENTERS IN VENTURA COUNTY TO INCLUDE LA BUENA VIDA. ○ ADDRESS FINANCIAL IMPACT ON FAMILY/FRIEND AND CAREGIVERS (LOST WAGES, DECREASED RETIREMENT SAVINGS, USE OF OWN MONEY FOR PERSON NEEDING CARE). ○ DEVELOP A MORE CENTRALIZED AND STREAMLINED ACCESS FOR FAMILY CAREGIVERS. CURRENTLY RESOURCES/SUPPORTS ARE FRAGMENTED AND LIMITED. CLIENTS AND CAREGIVERS WANT MORE RESOURCES AND BETTER CONNECTIONS TO THOSE RESOURCES. IDEALLY, THEY WOULD LIKE A CENTRAL LOCATION/AGENCY THAT ACCURATELY ASSESSES NEEDS IN A COMPREHENSIVE MANNER AND HELP EDUCATE THE CAREGIVER AND DEVELOP PLANS (CASE MANAGEMENT) FOR THE LOVED ONE. <p>GOAL V – AFFORDABLE AGING</p> <ol style="list-style-type: none"> 1. END HOMELESSNESS FOR OLDER ADULTS 2. INCOME SECURITY AS WE AGE 3. PROTECTION FROM POVERTY & HUNGER <p>WHERE ARE WE NOW?</p> <ul style="list-style-type: none"> • PLAN CONTAINS 84 INITIATIVES ACROSS THE 5 GOALS • TRACKING STATE MPA UPDATES TO ALIGN WITH THE LOCAL PLAN • 40 ARE IN PROCESS OF BEING WORKED ON • EXAMPLES <ul style="list-style-type: none"> • AAA MERGED WITH HUMAN SERVICES AGENCY IN JULY 2023 IN THE CREATION OF A NEW DEPARTMENT SPECIFICALLY SUPPORTING OLDER ADULTS AND PEOPLE WITH DISABILITIES • CALAIM • COORDINATED TRANSPORTATION SYSTEM PROPOSAL • EXPANDED ALZHEIMER'S PROGRAMMING
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> • Synopsis accepted with no corrections.
Action Items	<p>APPROVE</p> <ul style="list-style-type: none"> • JEAN RAYMOND MOTIONS TO APPROVE APRIL LEWALLEN AS THE SECOND VICE CHAIR. PAULINA FLORES JIMENEZ SECONDS. ALL IN FAVOR. MOTION CARRIED.

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Committee Updates as Needed	<p>UPDATE ON HEALTHY BRAIN INITIATIVE:</p> <ul style="list-style-type: none"> • HBI ADVISORY GROUP IS CONSIDERING ONLINE SURVEYS AND WRITTEN COMMENTS TO ALLOW ASPC MEMBERS TO GIVE MORE FEEDBACK. CURRENTLY WORKING WITH AN EVALUATOR WHO IS REVIEWING COMMUNITY HEALTH ASSESSMENT DATA, AND HAVE BEEN MEETING WITH DSS APS. THEY ARE ALSO WORKING WITH EMSA TO REVIEW FALL DATA AS A WAY TO EXAMINE EMERGENCY SERVICES AND CREATE "HEAT MAPS" OF THE COUNTY. ACTIVE LISTENING QUESTIONS PRESENTED TO ASPC: <ul style="list-style-type: none"> ○ WHEN CONSIDERING SUPPORT FOR INDIVIDUALS WITH ALZHEIMER'S AND OTHER DEMENTIAS, AS WELL AS THEIR CAREGIVERS, PLEASE SHARE WHAT YOU THINK IS WORKING WELL IN TERMS OF LOCAL SERVICES, TRAINING AND PUBLIC EDUCATION? ○ WHEN CONSIDERING SUPPORT FOR INDIVIDUALS WITH ALZHEIMER'S AND OTHER DEMENTIAS, AS WELL AS THEIR CAREGIVERS, PLEASE SHARE WHAT GAPS EXISTS? <p>GRANT ADVISORY COMMITTEE UPDATES:</p> <ul style="list-style-type: none"> • THE ADVISORY COMMITTEE HAS RESCHEDULED MEETINGS TO OCCUR QUARTERLY, PENDING THE HIRING OF THE COUNTY'S CONSULTANT WHO WILL COLLECT DATA WHICH WILL BE USED FOR THE MPA. BY THE END OF THIS MONTH, EVERYTHING SHOULD BE IN WORKING ORDER. TENTATIVELY THE COMMITTEE IS FOUR MONTHS AHEAD OF SCHEDULE.
	<ul style="list-style-type: none"> •

The next meeting is: November 3rd, 2023

Time: 9:00 AM

Location: 3433 S. Higuera St Room 358, San Luis Obispo