MHSA Advisory Committee (MAC)

Wednesday, Sept. 27, 2023

Hybrid Meeting 3:30pm – 5:00pm



- Welcome, Introductions, and Goals for meeting
 - Frank Warren, SLOBHD
- Department Updates
 - Anne Robin, SLOBHD
- Fiscal Update
 - Jalpa Shinglot, SLOBHD
- MHSA Reform
 - Frank Warren, SLOBHD
- Old Business
 - CAT Team
 - CalAIM Incentives
 - SMWG
- New Business for 2022-23
 - Justice Services
 - Family Care Network

- Suicide Prevention Month
- CSS Program Updates
 Karina Silva Garcia, SLOBHD
- PEI/INN Updates
 Landon King, SLOBHD
- WET Program Updates
 - Brita Connelly, SLOBHD
- Updates a. In-Person Hybrid MAC Meeting Sept. 27th
- Next Meetings:January 31
- Conclusion



MHSA Advisory Committee

- MHSA Advisory
 - Committee
 - Introductions





BEHAVIORAL HEALTH DEPARTMENT

The Mental Health Services Act in San Luis Obispo County:

- Proposition 63, passed in 2004
- Millionaire's Tax

The MHSA Provides:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



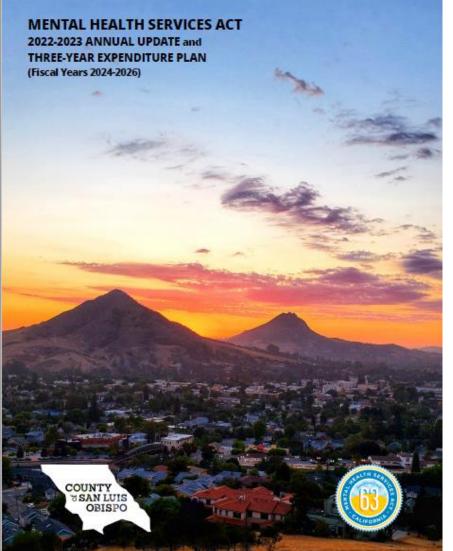


MHSA planning benefits from community stakeholder input

- Consumers, family members, and providers
- Review programs and make recommendations
- Input for improvements outlined in Annual Update
- Plan reviewed (30 days) & public hearing at Behavioral Health Board







MHSA Components

- Community Services and Supports (CSS)
 (incl. Housing)
- Capital Facilities and Technology (CFT)
- Prevention and Early Intervention (PEI)
 - PEI Statewide
- Workforce Education & Training (WET)
- Innovation (INN)



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- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.

THIS CONCLUDES THE MHSA STAKEHOLDER TRAINING!



Department Update



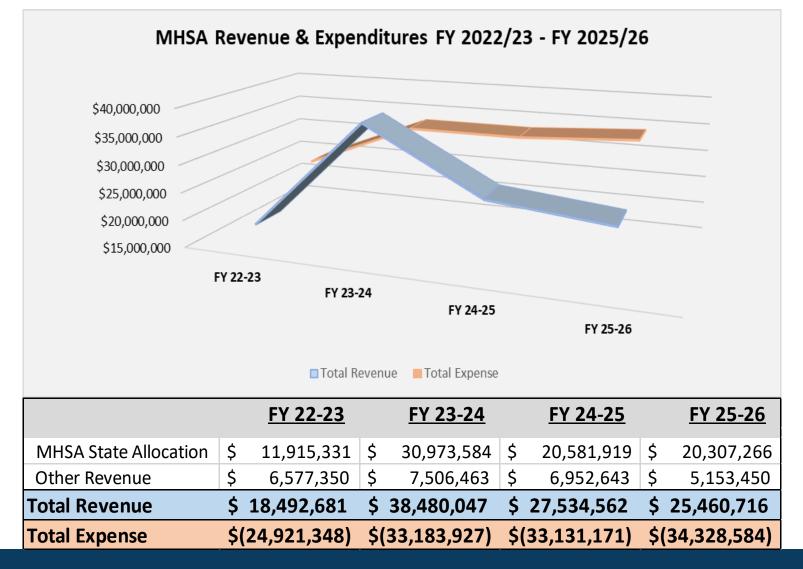
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MHSA Fund Summary FY 2022/23 – FY 2025-26

| | | FY 22-23 | <u>FY 23-24</u> | | <u>FY 24-25</u> | <u>FY 25-26</u> |
|-----------------------|----------------|-----------|--------------------|-----|-----------------|--------------------|
| Beginning Balance | \$ 18, | 396,769 | \$ 11,968,102 | \$ | 17,264,222 | \$ 11,667,613 |
| Revenue | | | | | | |
| MHSA State Allocation | \$ 1 | 1,915,331 | \$ 30,973,584 | \$ | 20,581,919 | \$ 20,307,266 |
| Other Revenue | \$ 6 | 5,577,350 | \$ 7,506,463 | \$ | 6,952,643 | \$ 5,153,450 |
| Total Revenue | \$ 18, | ,492,681 | \$ 38,480,047 | \$ | 27,534,562 | \$ 25,460,716 |
| Total Expense | \$(24, | 921,348) | \$ (33,183,927) | \$(| 33,131,171) | \$ (34,328,584) |
| Closing Fund Balance | \$ 11 , | 968,102 | \$ 17,264,222 | \$ | 11,667,613 | \$ 2,799,745 |

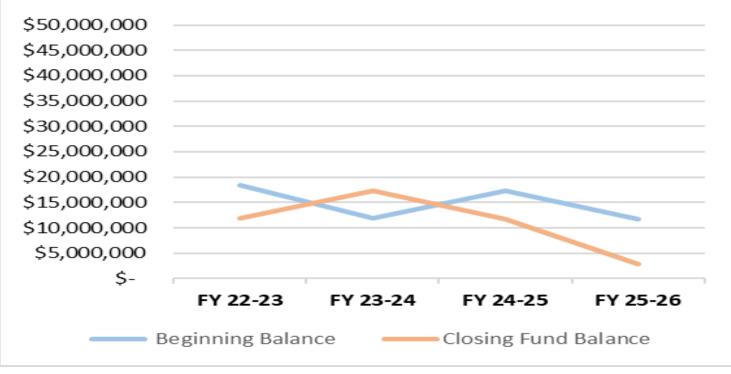


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| | <u>FY 22-23</u> | <u>FY 23-24</u> | <u>FY 24-25</u> | <u>FY 25-26</u> |
|----------------------|-----------------|-----------------|-----------------|-----------------|
| Beginning Balance | \$ 18,396,769 | \$ 11,968,102 | \$ 17,264,222 | \$ 11,667,613 |
| Closing Fund Balance | \$ 11,968,102 | \$ 17,264,222 | \$ 11,667,613 | \$ 2,799,745 |



BEHAVIORAL HEALTH DEPARTMENT

County of San Luis Obispo

- Info Notice 22-052 MHSA Allocation & Methodology
- ➢ FY 2022/23 Allocation = 0.653934%
- Fund Balance at 09/19/2023 (excluding actual PR) = \$ 22,017,307
 ➢ Prudent Reserve Fund Balance = \$2,774,412
- FY 2023-24 MHSA State Aid Allocation unknown.



BEHAVIORAL HEALTH REFORM PROPOSAL

GOVERNOR'S "TRANSFORMATION OF BEHAVIORAL HEALTH SERVICES"

1.Reforming the Mental Health Services Act to the Behavioral Health Services Act (SB326)

- "...expand services to include treatment for those with substance use disorders in addition to care for the most seriously mentally ill-provides more resources for housing and workforce, and continues community support for prevention, early intervention, and innovative pilot programs –all with new and increased accountability for outcomes and through an equity lens."
- Commits 3% of county allocations to "build a workforce to reflect and connect with California's diversity"

2.Focusing on outcomes, accountability, and equity

• "a new County Integrated Plan for Behavioral Health Services and Outcomes, including all local behavioral health funding and services."

3.Housing and behavioral health treatment in unlocked, community-based settings (AB531)

- A \$4.68 billion general obligation bond to build 10,000 new clinic beds and homes that would be on the March 2024 ballot.
- Housing for veterans with behavioral health challenges.



Behavioral Health Services Act (SB326)

Replaces Components with Three New "Buckets" for Assigning BHSA Allocations:

- 1. Housing 30%
 - 50% for Housing Interventions (focus on encampments)
 - May be used for rental and operational subsidies, shared/family housing...
 - No more than 25% for Capital, including BH facilities to serve homeless
- 2. Full-Service Partnerships 35%
 - Includes Assertive Community Treatment and Forensic Assertive Community Treatment "to fidelity"
- 3. BH Services and Supports 35%
 - 51% must be spent on *early intervention (and 51% of that for those 25 and under)*

Amended bill allows counties to move up to 7% between up to two components.



Impacts on San Luis Obispo County MHSA using FY 24-25 State Revenue Projection: \$20,581,919

- 3% (\$617,458) will be taken by the State for workforce development programs.
- 2% (\$411,638) will be taken for population-based prevention programs.
- Of the remaining **\$19,552,823**
- **1. Housing 30% =** \$5,865,847
 - Housing/Shelter @50%: \$2,932,924
 - Building: No more than 25% \$1,466,212
- 2. Full-Service Partnerships **35% =** \$6,843,488
 - Current Projected Budget: \$6,709, 873
- 3. **BH Services and Supports 35% =** \$ 6,843,488
 - Current Budget Plan for Non-FSP (GSD, PEI, WET, CFTN): \$13,872,046 (-7,028,558)



Old Business

Decisions approved as of last meeting

- a) CAT Team
- b) Cal AIM incentives
- c) SMGW





New Business

- a) Justice Services
- b) Family Care Network
- c) Suicide Prevention Month





Community Services and Supports (CSS)

- 1. Child & Youth Full Service Partnership (FCN & SLOBHD)
- 2. Transitional Age Youth FSP (FCN & SLOBHD)
- 3. Adult FSP (TMHA & SLOBHD)
- 4. Older Adult FSP (Wilshire CS & SLOBHD)
- 5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)
- 6. Latino Outreach Program (SLOBHD)
- 7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)
- 8. Schools and Family Empowerment (SLOBHD & CAPSLO)
- **9. Forensic Mental Health Services** (TMHA & SLOBHD)



Prevention & Early Intervention (PEI)

| WORK PLAN | PROGRAMS | | | | | |
|--|--------------------------------------|--|---|-------------------------------|--|--|
| PREVENTION | Positive Development | Family Education, Training & Support | Middle School Comprehensive Program | In-Home Parent Educator | | |
| EARLY INTERVENTION | Community-Bas Services | ed Therapeutic | Integrated Community Wellness Navigators | | | |
| OUTREACH FOR INCREASING RECOGNITION OF EARLY SIGNS OF MENTAL ILLNESS | Older Adult Mental Health Initiative | | | | | |
| ACCESS & LINKAGE TO TREATMENT | Veterans Outreach Program | | | | | |
| STIGMA & DISCRIMINATION REDUCTION | Social Marketing Strategy | | College Wellness Program | | | |
| SUICIDE PREVENTION | Suicide Preventi | icide Prevention Coordination | | | | |



Innovation (INN)

- Final Evaluations (Round 4)
 - BHARP: Holifield Psychological Services
 - Holistic Adolescent Health (HAH): CAPSLO
- Current Projects (Round 5)
 - SoundHeal: Heal
 - Behavioral Health Education and Engagement Team (BHEET): TMHA
- In Development (Round 6)
 - EMBRACE
 - MHSOAC Committee Consent: Thursday, Sept 28th
 - BOS Consent: Tuesday, October 10th



Workforce Education Training (WET)

- a) Next round of student Loan Repayment Program through SCRP to roll out fall of 2023
- b) Seeking Safety Training
 - a) 10/13, 1/26, 3/22 (Registration sent out about a month and a half ahead of time)
 - C) DSM 5TR Update: What Every Clinician Needs to Know
 - a) Dr. Gehart will provide 5 2hr workshops via zoom (300 max participants per workshop). Dates will be Sept/Oct. 2023.



Updates

a. In-Person Hybrid MAC Meeting January. 31st





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